



September/October Vacation Care Educational Program

Date: 21 September - 2 October 2020



IMPORTANT REMINDERS FOR VACATION CARE



The Wilston Kids Care Vacation Care experience is designed to provide your child with a fun and engaging opportunity where they can enjoy their school holidays and learn along the way. Vacation Care offers your child a variety of opportunities to develop social skills, build relationships and engage in experiences unique to Outside School Hours Care.

You can find instructions on how to book Vacation Care sessions on our website at

<https://www.wilstonpandc.org.au/vacation-care>

Sun Safety Reminders

The Service has a strict Sun Safe Policy which must be adhered to whilst at care.

Staff and children are required to wear sun safe broad brimmed hats that protect their face, neck and ears.

When outdoors, staff and children will wear sun safe clothing that covers as much of the skin as possible (especially the shoulders, back and stomach).

WHAT NOT TO WEAR

- Midriff, crop, singlet tops or sleeveless dresses that don't provide enough sun protection and therefore are not permitted.
- Baseball caps or visors do not provide enough sun protection and therefore are not permitted. Please ensure your child wears a brimmed hat.

Sunscreen is supplied at the Service and is applied throughout each session. We strongly encourage parents to apply to their child upon arrival or before they attend Wilston Kids Care.

Mealtimes during Vacation Care

At Wilston Kids Care we encourage a healthy lifestyle by engaging children in physical activities and discussions around nutrition.

Breakfast (6:45am-8:00am) and Lunch (only) are provided at Vacation Care each day. Families are required to supply their child's morning and afternoon tea. Please provide sufficient portion sizes as children are very active in their learning during the Vacation Care Program.

Please refer to our website for a copy of the Vacation Care Menu:

<https://www.wilstonpandc.org.au/vacation-care>



What to bring to Vacation Care

- Closed in shoes (No sandals or thongs)
- Spare clothes (No singlets)
- Sufficient Morning and Afternoon tea sized portions
- Broad Brimmed Hat (No Caps)
- Individual Water bottle

Please make sure all these items are labelled

RISK MINIMISATION MEASURES IN PLACE FOR COVID-19 WHEN ATTENDING WILSTON KIDS CARE

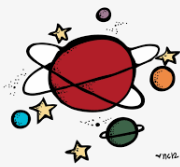


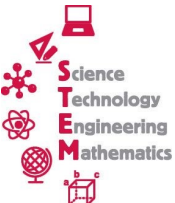














- Anyone (staff and children) who is sick with influenza-like symptoms, even with mild symptoms, **must not attend** Vacation Care. This measure protects everyone on site. If we suspect your child is unwell or has a temperature, they will be sent home immediately.
- Parents should not bring younger or older siblings (who do not attend WKC) or other additional adults during drop off and pick up periods. It is important we ensure smaller numbers of people are on site at one time.
- If a child or staff member becomes ill while they are at Wilston Kids Care, they will be sent home as soon as possible. While awaiting collection by their carer, ideally, the symptomatic child will be cared for in an area that is separated from other children at the Service. This is to prevent the spread of respiratory viruses. Pick up must be immediate to ensure the health and safety of the remaining children and staff.
- Enhance hygiene practices for staff, children and visitors are in place. Washing hands frequently is the single most effective way to reduce the spread of germs that cause respiratory disease. Alcohol-based hand gel is a suitable alternative. Please sanitise your hands before using the Kiosks and upon entry to the Service.
- Social distancing measures will be in place during all talk times and mealtimes. We will ensure smaller groups of children are spread out across the campus in various areas for play times.
- We will ensure robust infection control and cleaning and routine environmental cleaning procedures are in place and are occurring regularly throughout the day.
- Parent Lounge has been temporarily relocated to the stage area to ensure effective social distancing practices are in place. Parents must now sign in and out in this new area to reduce the amount of close contact traffic coming in and out of the small office space.














WEEK ONE

MONDAY 21 SEPTEMBER	TUESDAY 22 SEPTEMBER	WEDNESDAY 23 SEPTEMBER	THURSDAY 24 SEPTEMBER	FRIDAY 25 SEPTEMBER
STEM DAY \$70.00	PUZZLE DAY \$52.50	ATHLETICS DAY \$55.00	DISNEY DAY \$52.50	TERRIFIC TENT \$52.50
INCURSION ALL GRADES	IN SERVICE ALL GRADES	EXCURSION ALL GRADES	IN SERVICE ALL GRADES	IN SERVICE ALL GRADES
 <p>Street Science will be visiting with a Seriously Fun Science Show and CO2 Rockets Workshop</p>  <p>Build your own mini catapult</p> <p>Construct the tallest and strongest tower</p>  <p>Seniors Grade 4-6: Cooking class with our Cook, Lyndall</p> 	 <p>Puzzle Day is all about exercising our brains by problem solving and working as a team to solve the puzzles. A day filled with a crossword, jigsaw, and word searches.</p>  <p>Wilston Kids Care will be hosting a Trivia to test your knowledge</p>  <p>Seniors Grade 4-6: Our indoor interactive puzzle Game in our escape room</p>	 <p>Let's get active! Come and participate in our very own sports day.</p>  <p>Sprinting races on the Oval</p> <p>Cross Country around the school grounds <i>*Permission Form Required*</i></p> <p>Challenge your friends with the egg and spoon race, sack races, tug of war, and more backyard games</p> 	 <p>Come dressed up in your favourite Disney or Pixar character! Sing along to your favourite Disney songs with the karaoke machine</p>  <p>Vote for the Disney Movie to watch with your friends and enjoy freshly made popcorn</p> 	 <p>Build and explore the Wilston Kids Care tent city on the oval and enjoy the great outdoors with some gardening and a BBQ for lunch!</p>  <p>Challenge yourself with camp leadership games</p> <p>Enjoy tree climbing with your friends</p>  <p>Seniors Grade 4-6: Making Damper</p>



WEEK TWO

MONDAY 28 SEPTEMBER	TUESDAY 29 SEPTEMBER	WEDNESDAY 30 SEPTEMBER	THURSDAY 1 OCTOBER	FRIDAY 2 OCTOBER
MUSIC MADDNESS \$70.00	PREHISTORIC DAY \$55.50	AROUND THE WORLD \$60.00	POKEMON DAY \$55.50	LEGO MASTERS \$55.50
INCURSION ALL GRADES	IN SERVICE ALL GRADES	INCURSION ALL GRADES	IN SERVICE ALL GRADES	IN SERVICE ALL GRADES
 <p>It's party time at Wilston Kids Care! Enjoy a Silent Disco, dancing and party games with your friends</p>  <p>Create your own band/songs using the musical instruments or garage band on the iPads</p>  <p>Challenge your friends at musical chairs and musical statues</p>	 <p>Years ago, the dinosaurs use to live on this land. What can you find hiding in the school grounds?</p> <p>Dig through the ice moulds to discover the dinosaurs</p> <p>Dinosaur fossil discovery</p>  <p>Cave painting using natural elements</p>  <p>Relax while watching a dinosaur themed movie</p>	 <p>Come for a trip around the world with us and experience different cultures.</p> <p>Special event: Indigenous Culture Workshop run by Rick Roser</p>  <p>Create a paper mache Loch Ness Monster</p> <p>Learn how to speak in different languages</p> <p>Seniors Grade 4-6: Make your own sushi</p>	 <p>Today is all about Pokémon! Learn how to play the game to battle against your friends or create your own Pokémon cards</p>  <p>Get your face painted with a Pokémon design</p> <p>Pokémon Go Scavenger hunt around the school</p> <p>Pokémon dodgeball</p>  <p>Huma Bead Pokémon designs</p>	 <p>Wilston Kids Care will be holding its very own LEGO Masters Day!</p>  <p>Chill out with your friends while watching the LEGO Movie</p> <p>Get creative with our newly purchased construction equipment such as mobilo, magnetics and blocks</p> 