



## 2019 Decemebr- 2020 January Vacation Care Menu



Monday 16 <sup>th</sup> December	Tuesday 17 <sup>th</sup> December	Wednesday 18 <sup>th</sup> December	Thursday 18 <sup>th</sup> December	Friday 19 <sup>th</sup> December
<p><b>Sausage Sizzle</b> ♦♦♦</p> <p>Beef sausages, onion, bread, tomato and BBQ sauce.</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Beef &amp; Vegetable Pasta Bake</b> ♦♦♦</p> <p>Beef, Carrot, Cheese, Cream, Garlic, Gravy powder, Mixed Herbs, Mushroom, Onion, Pasta, Peas, Pumpkin, Rice flour, Spinach, Tomato –</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Chicken or Ham and salad Wraps</b> ♦♦♦</p> <p>Ham or chicken wraps with salad (lettuce, carrot, cucumber, tomato)</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Chicken Korma and Rice</b> ♦♦♦</p> <p>Chicken - Fillets, Carrot, Coconut cream, Cream, Eggplant, Garlic, Korma Paste, Milk powders, Onion, Potato, Salt, Sugar - brown, Tapioca, Tomato, Vegetable, Water, Yoghurt, Zucchini</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Chicken Nuggets</b> ♦♦♦</p> <p>Chicken Nuggets and Chips</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>
Monday 6 <sup>th</sup> January	Tuesday 7 <sup>th</sup> January	Wednesday 8 <sup>th</sup> January	Thursday 9 <sup>th</sup> January	Friday 10 <sup>th</sup> January
<p><b>Pizza Day</b> ♦♦♦</p> <p>Variety of Dominoes Pizzas</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Beef Stroganoff</b> ♦♦♦</p> <p>Beef, Broccoli, Carrot, Garlic, Gravy powder, Mushroom, Rice flour, Salt, Smoked Paprika, Sour cream, Tomato</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Sausage Sizzle</b> ♦♦♦</p> <p>Beef sausages, onion, bread, tomato and BBQ sauce.</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Cheesy Chicken Pasta</b> ♦♦♦</p> <p>Carrot, Cheese, Chicken, Cream, Garlic, Milk powders, Mixed Herbs, Onion, Salt, Spinach, Sugar - brown, Tapioca, Tomato, Vegetable, Zucchini</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>	<p><b>Mixed Sandwiches</b> ♦♦♦</p> <p>Selection of Vegemite, Jam, cheese or honey sandwiches</p> <p>♦♦♦</p> <p>Served with fresh seasonal fruit</p>

Gluten Free, Nut free, Dairy free and Vegetarian options available at all times.

There is a range of fruit available throughout the day.